



**Representative
Lauren
Matsumoto
Serving You in District 45**

Aloha Friends, Family, and Neighbors!

I want to share some exciting educational and professional development opportunities being offered thorough my office and the University of Hawaii at Manoa.

My office provides year-round high school and college internship opportunities for students who are interested in engaging their communities through the legislative process. Our internships offer a unique insight into our local legislative process and how we work to improve our community, district, and state and is a great way to improve upon your communication, organizational, and teamwork skills, all of which builds confidence and a sense of accomplishment that future employers will be excited to see. Our interns are a valuable asset to the office, and we look forward to having interns from Waialua! Visit www.repmatsumoto.com to get involved and apply!

The University of Hawaii at Manoa (UHM) is also offering internship opportunities for those interested in an up-close view of the state and federal government. For over ten years, the University of Hawaii at Manoa's Congressional Internship Program has offered merit scholarships that have supported a number of political internship programs. These programs provide enthusiastic students with the opportunity to earn academic credit while building real-world professional skills and learning first-hand about public policy.

Scholarships are offered to four Manoa students each semester to work in full-time internships in the Washington, D.C. offices of Hawaii's congressional delegation and provides for full-time Hawaii resident tuition, transportation, and room and board on Capitol Hill in Washington, D.C. Scholarships are also offered semesterly for full-time internships in the Office of the Governor, the Lieutenant Governor, the Prosecuting Attorney's, and Public Defender's Offices. Because state and national legislation applies to every discipline and activity at Manoa, students from every major are encouraged to apply to Manoa's Political Internships. Scholarship recipients earn at least 12 credits, part in internship-related courses, part in policy studies or directed research.

By combining an enriching academic environment with meaningful work experiences, Manoa's political internships have proven to be a successful program. 50% of the interns who have successfully completed this program have used their internship experience as a springboard into careers in our nation's capital. Others have chosen to continue their education by

entering into graduate or law school or have begun careers in other fields with a greater knowledge of the workings of our federal government. Currently, about ten former interns hold positions working for the Hawaii State Legislature.

Interested? Applications for Fall 2019 are due via STAR no later than March 15, 2019. Applicants must be enrolled Manoa students at the time of application, have a GPA of 3.0+, and provide a reference from a faculty member and from an employer. Application is through the Merit Scholarship section of the University's STAR student record system. Web Page: <http://www.socialsciences.hawaii.edu/mpin/index.html>

For more information on the internships offered by the University of Hawaii at Manoa, please visit www.socialsciences.hawaii.edu/mpin/index.html.

As always, please feel free to contact me if you have questions or concerns about any happenings in our community. Call me at (808) 586-9490, email RepMatsumoto@capitol.Hawaii.gov, or visit