



**Representative
Lauren
Matsumoto
Serving You in District 45**

Aloha Friends and Neighbors!

For state and county employees, Open Enrollment began on April 1, 2019 and will end on April 30, 2019. During the Open Enrollment period, you have the opportunity to make changes to your health plan enrollment without experiencing a qualifying event (e.g. getting married, having a child, etc.). Changes you can make during the Open Enrollment period include:

- Add a plan, change from one plan to another, or drop a plan
- Add an eligible dependent or drop a dependent
- Change coverage tiers such as changing from single to family or family to 2-party

Selections you make during the Open Enrollment period will take effect on July 1, 2019, and your plan period will end on June 30, 2020. The deadline for state and county employees to make any changes to their health plans is on April 30, 2019. Please take time to assess your current plan enrollment(s) and the health plans available to you. It is in your best interest to analyze the health plans available to you and decide which plan(s) best meet your family's health care needs as well as your own. To find out more, please speak with you HR or accounting representatives or visit eutf.hawaii.gov. You may also visit one of these locations for an Open Enrollment Informational Session:

- April 22, 2019

UH Manoa Kuykendall Hall, Room 101 3445
Campus Road, Honolulu, HI 96822

9:00-10:30 am; 11:00 am-12:30 pm; 2:30-4:00 pm

- April 17, 2019

Online Webinar eutf.hawaii.gov, select "Learning Center" in the menu bar, click the "Webinar" tab, and select the desired webinar.

8:30-10:00 am; 1:30-3:00 pm; 3:00-4:30 pm

In addition to Open Enrollment, I want to encourage eligible State employees to look into the Island Flex Flexible Benefit Plan. The State of Hawaii established the Island Flex Flexible Benefit Plan for eligible State employees, their dependents and beneficiaries. If you anticipate paying for unreimbursed medical expenses such as physician office visits, hospital stays, dental or orthodontic treatment, prescription drugs, vision care or laser eye surgery, or you have dependent care, you may wish to redirect a portion of your salary under Island Flex.

Island Flex allows employees to pay for eligible health and dependent care expenses with TAX FREE money by redirecting a portion of their salary to a Medical Spending Account and/or a Dependent Care Spending Account. To find out more, please visit www.nbsbenefits.com.

The State of Hawaii Med-Quest Division provides eligible low-income adults and children access to health and medical coverage through managed care plans. The QUEST program is designed to provide quality care, universal access, efficient utilization, stabilizing costs, and to transform the way health care is provided to recipients. For more information and applications, please visit mybenefits.hawaii.gov or call 1-877-628-5076. The following health plans participate in Med-Quest:

- AlohaCare: 1-877-973-0712; alohacare.org
- HMSA: 1-800-440-0640; hmsa.com
- Kaiser Permanente: 1-800-651-2237; kpin-hawaii.org
- Ohana Health Plan: 1-888-846-4262; ohanahealthplan.com
- United Healthcare Community Plan: 1-888-980-8728; uhcommunityplan.com

If you do not qualify for Med-Quest, you may visit healthcare.gov to find a health plan that is right for you. If you have any questions regarding healthcare.gov, please call 1-800-318-2596.

As always, please feel free to contact me if you have any questions or concerns about happenings in our community Call my office at (808) 586-9490, email me at RepMatsumoto@capitol.hawaii.gov, or visit RepMatsumoto.com.